

Southern California NIOSH Education and Research Center Continuing Education Course Offerings – Online

www.erc.ucla.edu

Cal/OSHA Safety Updates Series

First Friday of Every Month, 11am-12pm Pacific Time | Free

This free monthly series presented by an OSHA Authorized Trainer discusses safety updates and ways to stay compliant with Cal/OSHA. These webinar sessions cover a new topic each month.

[Learn More:](http://erc.ucla.edu/course/safety-updates) erc.ucla.edu/course/safety-updates

Mental Health in the Workplace Symposium Webinar

Biannual, One day, 10am-12pm Pacific Time | Free

Depression, anxiety, and substance abuse can result in interpersonal conflict, workplace violence, reduced productivity, lost work time, and many other problems. This biannual series aims to discuss the behavioral health conditions that most commonly contribute to issues in the workplace, and present programs that have successfully addressed safe return to work, workplace health and safety, and appropriate accommodation.

[Learn More:](http://erc.ucla.edu/course/mental-health-webinar-series) erc.ucla.edu/course/mental-health-webinar-series

Ergonomics Webinar Series

Second Tuesday of Every Month, 11am-12pm Pacific Time | \$69 each session

This monthly webinar series features different Ergonomic topics each month, going into detail of analysis techniques, intervention effectiveness, and applications. View each topic at website below.

[Learn More:](http://erc.ucla.edu/course/ergo-2022) erc.ucla.edu/course/ergo-2022

Fundamentals of Workplace Safety, with OSHA 10-Hour Card

Five days, 8am-12pm Pacific Time | Fee: \$499

This course provides intensive instruction on the basic skills needed to manage a safety program for your company. Designed for all employees and managers at all levels of your organization, this course is intended as an overview of the hazards a worker may encounter on a job site while emphasizing hazard identification, avoidance, control, and injury and illness prevention.

[Learn More:](http://erc.ucla.edu/course/fundaworksafety) erc.ucla.edu/course/fundaworksafety

Aerosol Transmissible Disease Prevention

Two days, 8am-12pm Pacific Time | Fee: \$99

You will become familiar with the Cal/OSHA Title 8, Section 5199 rule: Aerosol Transmissible Disease standard. We will answer your questions regarding which employers are "full standard employers" vs "referring employers", effective screening procedures, isolation precautions, respiratory protection and more.

You will learn about written ATD Programs and sample Exposure Control Plans, effective Screening procedures, PPE for those employers covered under the standard, and more.

[Learn More:](http://erc.ucla.edu/course/aerosol-transmissible) erc.ucla.edu/course/aerosol-transmissible

Incident Investigation and Reporting

Two days, 8am-12pm Pacific Time | Fee: \$149

Incident Investigation is the key for the prevention of future incidents at work and the improvement of your overall safety program. Work incidents must be investigated in order to prevent future incidents. In this two day course, we will provide the tools for you to conduct appropriate incident investigation for the prevention of at-work injuries, illness, and disease.

[Learn More:](http://erc.ucla.edu/course/incidentinvestigation) erc.ucla.edu/course/incidentinvestigation

Injury & Illness Prevention Program (IIPP)

Two days, 8am-12pm Pacific Time | Fee: \$149

The Cal/OSHA Injury and Illness Prevention Program is a mandated, written, safety program that every California employer must have at each work-site to provide a safe and healthy workplace for its employees. We will get to the basics in this IIPP Workshop that will encourage participants to look at their workplace IIPP for compliance, applicability, and effectiveness.

This course will take you through each component and assist you in developing or improving your IIPP and tailoring it to your organization's needs.

[Learn More:](http://erc.ucla.edu/course/iipp) erc.ucla.edu/course/iipp

Heat Illness Prevention

Two days, 8am-12pm Pacific Time | Fee: \$99

Employers must review and ensure compliance with the Cal/OSHA Heat Illness Prevention regulation for outdoor places of employment (will briefly discuss indoor heat illness as well).

During this 4hr course, we will help employers/employees improve their safety programs by explaining the roles supervisors and employees must play in order to prevent heat illness and stay compliant with this California law.

[Learn More:](http://erc.ucla.edu/course/heat-webinar) erc.ucla.edu/course/heat-webinar

Bloodborne Pathogens

Two days, 8am-12pm Pacific Time | Fee: \$99

Workplaces must comply with the requirement to protect employees against other pathogens. There is a need to assist employers and employees in various industries (not just healthcare) in addressing the requirements of the bloodborne pathogens regulation. This class will focus on Bloodborne Pathogens under California Regulation.

[Learn More:](http://erc.ucla.edu/course/bloodborne-online) erc.ucla.edu/course/bloodborne-online

Chemical Hazards/Hazard Communication

Two days, 8am-12pm Pacific Time | Fee: \$149

The standard that requires employees to work safely with chemicals is one of the Top 10 most cited by OSHA in our nation. During this class, we will provide employers and employees with the tools to update their Hazard Communication program and how to break the gaps between the written information and what you must put in place in order to keep everyone safe at work.

[Learn More:](http://erc.ucla.edu/course/chemical-hazards-2) erc.ucla.edu/course/chemical-hazards-2

Personal Protective Equipment (PPE)

Two days, 10am-12pm Pacific Time | Fee: \$99

Through this 4-hour course, you will learn the current Cal/OSHA requirements for training employees regarding personal protective equipment as well as be knowledgeable in all types of PPE used in general industry. We will help employers and employees reduce exposure through the understanding of Cal/OSHA's hierarchy of controls along with the proper use of PPE.

[Learn More:](http://erc.ucla.edu/course/ppe-online) erc.ucla.edu/course/ppe-online

Silica Dust Exposure Prevention

Two days, 10am-12pm Pacific Time | Fee: \$99

According to OSHA, Silica exposure remains a serious threat to nearly 2 million U.S. workers, including high-risk workers in jobs such as abrasive blasting, foundry work, stonecutting, rock drilling, quarry work, and tunneling. Breathing crystalline silica dust can cause silicosis, which can be disabling, or even fatal. Findings indicate the importance of educating at-risk workers and their employers about the dangers of exposure to respirable crystalline silica in the workplace.

[Learn More:](http://erc.ucla.edu/course/silica-dust-exposure) erc.ucla.edu/course/silica-dust-exposure

Ethics for Safety and Health Professionals

Two days, 10am-12pm Pacific Time | Fee: \$99

Through lecture and interactive discussion of case studies, we will examine the fundamental causes of our actions and the Code of Ethics for both health and safety professionals. Special emphasis on Industrial Hygiene, Safety, and Healthcare (including HIPAA). Participants will be able to: Identify a conflict of interest, understand the difference between what is ethical, moral, and legal, set out the facts in a case, and select among alternative actions.

[Learn More:](http://erc.ucla.edu/course/ethics) erc.ucla.edu/course/ethics

Occupational Health Nursing Certification Review

Four days, 9am-4pm Pacific Time | Fee: \$799

This review course provides you with a comprehensive workbook and course materials, test taking techniques and strategies to prepare you for your exam. Our Occupational Health & Safety Principles and Nursing Certification Exam Review course is designed for the Healthcare Professional in mind.

[Learn More:](http://erc.ucla.edu/course/ohn) erc.ucla.edu/course/ohn

Introduction to Industrial Hygiene

Four days, 9am-3pm Pacific Time | Fee: \$499

Industrial hygiene requires the recognition, evaluation and control of occupational health hazards within the work environment. This course provides a basic understanding of these concepts for safety professionals, occupational health nurses, environmental managers, and others in related fields.

You will learn about the occupational activities that lead to workplace hazards, the hazards' physiological impact on the worker, methods of hazard reduction, and more.

[Learn More:](http://erc.ucla.edu/course/intro-to-ih) erc.ucla.edu/course/intro-to-ih

Orientation to Sustainable Environmental Assessment

Five days, 8am-3pm Pacific Time | Fee: \$649

This week-long training is for agency or consultant staff with environmental assessment responsibilities, local government staff working on federal programs, development professionals, and members of the public wanting to comment and influence federally-funded projects.

The first half of each day will be lecture-based and the second half will be in small groups in break-out rooms. The class groups will work on putting together an environmental review for a case study site, working each day on the modules being studied.

[Learn More:](http://erc.ucla.edu/course/osea) erc.ucla.edu/course/osea

Occupational Exposures for Nanomaterials and Electronic Products

Five days (Individual sessions available), 10am-2:30pm Pacific Time | Fee: \$499

The changes within industries and their operating businesses, relating to emerging technology, have resulted in a shift in the skills required for industrial hygienists and environmental health specialists. This course training will go over:

- *Nanotechnology and nanomaterials (NMs) and their applications in industry*
- *Occupational/environmental exposure and health effect concerns regarding NMs*
- *Exposure and environmental impacts of NM-containing and electronic waste*
- *Industrial hygiene policy including universal precautions and health risk guidelines*

[Learn More:](http://erc.ucla.edu/course/nanotechnology) erc.ucla.edu/course/nanotechnology

Spanish: Personal Protective Equipment (PPE)

One day, 8am-12pm Pacific Time | Free

En esta clase, usted aprenderá a reducir los riesgos asociados con la falta de cumplimiento de esta regla de seguridad y al mismo tiempo estudiar como es que al seguir la pirámide de controles de Cal/OSHA se pueden evitar los riesgos de salud y seguridad en el trabajo antes de comenzar a usar EPP.

[Learn More:](http://erc.ucla.edu/course/ppe-spanish) erc.ucla.edu/course/ppe-spanish

Spanish: Heat Illness Prevention

One day, 10am-12pm Pacific Time | Free

Le proporcionaremos la información necesaria a los empleadores y trabajadores acerca de como mejorar la salud y seguridad en el trabajo en relación a la prevención de las enfermedades por el calor. Así mismo discutiremos como implementar un plan efectivo de prevención para mantener el cumplimiento de esta regla como debe ser.

[Learn More:](http://erc.ucla.edu/course/heat-spanish) erc.ucla.edu/course/heat-spanish

Coming in 2023:

Certified Industrial Hygienist (CIH) Exam Review Course

Introduction to Redeveloping Brownfields

For questions about trainings, please call: 310-206-2304 or email: erc@ph.ucla.edu, lmlorenzana@ucla.edu

