Why Is This Important? 20.3% of adults 18 or over have one or more mental disorders and they are employed fulltime.

SYMPOSIUM

“Mental Health in the Workplace”

Date: Wednesday, September 27, 2017
Time: 8 am - 5:15 pm
Location: UCLA

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OVERVIEW

According to a recent study*, 22.5% of adults 18 or older have one or more mental disorders. The vast majority of that group, 20.3% of the population, are employed fulltime. That's 23,737,000 people!

It goes without saying, but we'll say it anyway -- a person at work with a mental disorder can be a cause for concern. Depression, anxiety and substance abuse all have the potential of resulting in interpersonal conflict, workplace violence, reduced productivity, lost work time and many other problems.

This symposium will explore:

◊ The scope of the problem and its impact
◊ Increasing productivity and decreasing absenteeism

WHO SHOULD ATTEND

This activity is intended for physicians, physician assistants, nurses, nurse practitioners, industrial hygienists, safety professionals; and accommodations, disability and human resources specialists, employers, supervisors, union representatives and members of health and safety committees.

* SAMHSA (Substance Abuse and Mental Health Service Administration), Center for Behavioral Health Statistics and Quality, CBHSQ Data Review, October 2014

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SYMPOSIUM
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GOALS AND OBJECTIVES
This symposium will:
◆ Define the scope and the impact of behavior health conditions in the workplace.
◆ Explain the extent to which behavior health conditions compromise an employee’s productivity, absenteeism, and cost.
◆ Discuss the behavioral health conditions that most commonly contribute to issues in the workplace.
◆ Evaluate utilization of psychotherapy and psychopharmacology in the outlined patient population.
◆ Present programs that have been shown to successfully address early, safe return to work, workplace health and safety, and appropriate accommodation.

SYMPOSIUM LEARNING OBJECTIVES*:
By the end of the symposium, participants should be able to:
1. Describe the impact of behavioral health conditions in the workplace to both the employer and the employee.
2. Recognize behavioral health conditions that commonly limit an employee’s productivity.
3. Summarize available programs shown to increase productivity and decrease absenteeism in employees with these conditions.
4. Review the appropriate treatment that may promote the most appropriate, safe return to work.
5. Formulate workplace accommodations that may facilitate and maintain a successful return to work / stay at work.

* Each presentation will have its own Learning Objectives which may be found on the event webpage.

For more information, please see the webpage:
http://erc.ucla.edu/course/mentalhealth/

REGISTRATION INFORMATION
Pre-registration is required and will be accepted on a first-come, first-served basis. Registration fee includes course materials, refreshments, lunch, and certificate of completion when attendance requirements are met.

Registration Fee: $379
Early Bird Fee (ends August 25, 2017): $279

Online registration:
https://commerce.cashnet.com/socaleducationandresearchcenter

Register by phone: 310/206-2304
Payment Terms (http://erc.ucla.edu/payment-terms/) for all terms:
Paying by credit card: All major credit cards accepted.
Paying by check: Payable to University of California Regents

If you have special dietary or accessibility requirements, please email us at erc@ph.ucla.edu once you have registered.
Symposium
“Mental Health in the Workplace”

LOCATION
UCLA Faculty Center

HOTEL ACCOMMODATIONS
(These are suggestions only. No rooms are reserved.)
UCLA Tiverton House
http://tivertonhouse.ucla.edu
UCLA Guest House
http://guesthouse.ucla.edu/index.php
UCLA Luskin Conference Center
http://luskinconferencecenter.ucla.edu/

ACCREDITATION
• CME -- The Southern California Education and Research Center is accredited by the Institute for Medical Quality/California Medical Association (IMQ/CMA) to provide continuing medical education for physicians. The SCERC designates this live activity for a maximum of 8.0 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.
⇒ All CME attendees must complete an assessment and evaluation form that includes your identification information.
• ABHI — The current event contains 8.0 contact hours which may be eligible for ABHI credit.

SYMPOSIUM PLANNING COMMITTEE
Edward C. Alvino, MD, Chief Medical Officer, UNUM
Oscar Arias, MD, ScD, Assistant Director, SCERC, University of California Los Angeles
Catherine Boomus, MD, MPH Assistant Professor and SCERC Residency Director, Center for Occupational safety and Health, University of California, Irvine
Tori Weeks, Director, Workforce Solutions, UNUM

PRESENTERS
David A. Adler, MD, Professor Of Psychiatry and Medicine, Tufts Univ. School of Medicine; Senior Psychiatrist, Dept. of Psychiatry; Senior Scientist, Institute for Clinical Research, The Center for Health Solutions, Tufts Medical Center
Taha M. Ahmad MD, MPH, FACP, Chief of Service, Occupational Health Services Kaiser Permanente Panorama City
Jorge Cherbosque, Campus Human Resources, University of California Los Angeles
Marnie Dobson, PhD, Assistant Adjunct Professor, Dept. of Medicine, UC Irvine
Tess Eiconin, UCLA Med Center, Chancellor’s Office of Legal Affairs, University of California Los Angeles
Michael Gitlin, MD. Professor of Clinical Psychiatry, School of Medicine, University of California Los Angeles
Stuart Gitlow, MD, MPH, Board Certified in Psychiatry, Forensic Psychiatry, and Addiction Medicine; Past President of the American Society of Addiction Medicine
Leslie Israel, DO, MPH, FACOEM, Medical Director, Dept. of Water & Power, City of Los Angeles
Nanette Levine-Mann, Campus Human Resources, University of California Los Angeles
Adrienne Malka, Assistant Director, Insurance & Risk Management, University of California Los Angeles
Karen Miotto, MD, Professor of Clinical Psychiatry, University of California Los Angeles; Chair, UCLA Physician Wellness Program and Medical Staff Health Committee
Kathleen Shiroma, Employee Relations Consultant, Campus Human Resources, University of California Los Angeles

http://erc.ucla.edu/course/mentalhealth
AGENDA

WEDNESDAY, SEPTEMBER 27, 2017

Co-Moderators: Edward C. Alvino and Catherine Boomus

7:30 – 8:00 am
Registration/Refreshments

8:00 – 8:15 am
Welcome, Introductions, Overview -- Alvino / Boomus

I. The Scope of Behavioral Health Conditions in the Workplace and their Impact on the Employee and the Employer

8:15 – 9:00 am
The Magnitude of the Problem – Nanette Levine-Mann, Jorge Cherbosque, and Tess Elconin

9:00 – 9:45 am
The Scope of Mental Health Conditions in the Work Place – Michael Gitlin

10:15 – 11:00 am
Managing Behavior Health Disability from An Occupational Medicine Perspective - Taha Ahmad

11:00 am – 12:00 pm
Panel Discussion on the Impact of Behavioral Health Conditions in the Workplace to Both the Employer, the Employee, and Employee Representatives - Leslie Israel, Adrienne Malka, Marnie Dobson, Kathleen Shiroma, Tori Weeks

12:00 – 12:30 pm
Q & A – All morning speakers

II. Increasing Productivity and Decreasing Absenteeism in Employees with Behavioral Health Conditions

12:30 – 2:00 pm
The Scope of Mental Health Conditions in the Workplace – Michael Gitlin

2:00 – 2:45 pm
Utilizing Psychotherapy and Psychopharmacology to Promote a Timely and Successful Return to Work - Karen Miotto

2:45 – 3:30 pm
Addressing Disability from a Medical Standpoint when Chronic Pain becomes the Chief Complaint – Edward C. Alvino

3:45 – 4:30 pm
Alcoholism, Addiction, and Medical Marijuana in the Workplace – Stuart Gitlow

4:30 – 5:00 pm
Q & A – all afternoon speakers

5:00 – 5:15 pm
Wrap-up/evaluations

SOUTHERN CALIFORNIA EDUCATION AND RESEARCH CENTER (SCERC)

Who We Are
The SCERC is a NIOSH (National Institute for Occupational Safety and Health) ERC. It is one of 18 ERCs at major universities whose goal is to train occupational health and safety professionals, provide them with professional development, and train non-professionals in occupational health and safety best practices. The SCERC is located in the Fielding School of Public Health at the University of California, Los Angeles, and includes the Center for Occupational and Environmental Medicine at UC Irvine School of Medicine, the Occupational and Environmental Health Nursing Program at the UCLA School of Nursing and the Industrial Hygiene Program at UCLA.

For more information, please see the webpage:
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OUR WEBSITE -
http://erc.ucla.edu/