



SOUTHERN CALIFORNIA
EDUCATION & RESEARCH CENTER

2017 JULY—DEC COURSE CATALOG



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Southern California Education and Research Center (SCERC)

The Southern California Education and Research Center is one of 18 multidisciplinary centers supported by NIOSH (National Institute for Occupational Safety and Health) for education and research to protect the safety and health of US workers. The SCERC is administratively housed in the Department of Environmental Health Sciences, UCLA School of Public Health.

Continuing Education and Outreach programs provide short courses and conferences, and conduct on-site training and online webinars. Course directors and instructors are drawn from academia, private industry, and government agencies. In addition to providing conventional continuing education for professionals, the Program obtains grants to provide vulnerable low-wage workers with the benefits of occupational health and safety training at no cost.

Through Continuing Education/Outreach, the Southern California Education and Research Center (SCERC) reaches out to all levels of management within business and industry, to leaders in government, to other academic institutions, and to workers to increase their awareness of workplace health and safety issues and safe work practices.

Short-term training represents the expressed needs and interests of practicing occupational health and safety specialists, management and labor representatives. Courses are designed around the concept of a systematic approach to health and safety education -- integrating occupational and environmental health and safety into the business process. Courses are approved for professional continuing education credit appropriate to each discipline.

Cass Ben-Levi, M.A.

Director, Continuing Education/Outreach

Ani Adzhemyan

Program Coordinator, Continuing Education/Outreach

Brenda Diaz

Program Representative, Continuing Education/Outreach

Contact Information:

Southern California Education and Research Center

650 Charles E. Young Dr., S. 61-279 CHS, UCLA

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erc.ucla.edu

FAQ's

Where is the class? How do I get there? Where do I park?

Most courses are held at UCLA, in Westwood Village, near Downtown Los Angeles, and Anaheim. Prior to the class, you will be sent details of your class location along with a map, and driving, parking and walking instructions.

What are your payment terms?

For courses for which registration fees are paid to the SCERC through UC Regents: Substitutions may be made without additional charge. Cancellations must be in writing. Refund schedule:

- Cancellation 15 or more business days before the class 80% of registration fee
- Cancellation 7-14 business days before the class 50%
- Cancellation less than 7 days before the class and "no shows" No refund

If course materials such as books have been sent to course participants in advance, the cost of that material will be subtracted from the refund.

UCLA reserves the right to postpone an offering 7 days prior to the course date should minimum enrollment requirements not be met. If a program is canceled, you will be notified and your registration fee will be refunded in full, less the cost of course materials sent in advance if they are not returned in the condition in which they were received. The liability of UCLA is limited to the course fee.

For courses for which registration fees are paid to our co-course sponsor: please consult the co-sponsor for their payment terms.

What is included in the registration fee?

The registration fee includes all required course material for most courses. A small number of courses require that you purchase additional course material. Please look for what is included for each class on the course webpage.

What Accreditation is available?

Please consult the Accreditation section on the webpage or flier for each course. Most courses are approved for BCSP COC points and CE points, and are eligible for:

- ABIH (American Board of Industrial Hygiene) IH or Safety CM credits (see ABIH web site for CM credit criteria).
- Where appropriate, Contact Hours from the Board of Registered Nurses (BRN) and for REHS (Registered Environmental Health Specialists) are available.
- The Southern California Education and Research Center is an Accrediting Agency for REHS continuing education, approved by the California Department of Public Health.
- The SCERC is also approved by the California Board of Registered Nursing, Provider #13555.
- CME -- The Southern California Education and Research Center is accredited by the Institute for Medical Quality/ California Medical Association (IMQ/CMA) to provide continuing medical education for physicians. A limited number of courses are eligible for CME. See individual course pages for course credits.

Participants must attend at least 90% of the time to receive credit. In some cases, they must also pass an exam at the end of the course.

Continuing Education Course Directors



George Brogmus, MS, CPE, MIEHF, Technical Consultant - Ergonomics, Loss Control Advisory Services, Liberty Mutual

George Brogmus is responsible for the technical quality of ergonomic consulting services for the Pacific Southwest region of Liberty Mutual. Formerly a Senior Research Associate at the Liberty Mutual Research Institute for Safety, he has published peer-reviewed research articles on ergonomic measurement systems, lifting technique, repetitive motion injuries, occupational stress and the impact of work scheduling on injury risk.



Richard T. Cartwright, PE, CHMM, CPIM Director

Rich Cartwright is a Hazardous Materials Management Trainer and Resident Site Engineer for complex environmental remediation and green construction projects. Mr. Cartwright is an internationally-recognized motivational platform speaker and blogger on Soil & Groundwater Remediation, Hazardous Materials Management, Professional Networking, and Sustainable Career Development topics.



Harold Gribow, MS, CSP, ARM, ALCM

Harold Gribow is a safety consultant and a faculty member and Director of General Industry Programs for the OSHA Training Institute at the University of California, San Diego. Harold is a Professional Member of the American Society of Safety Engineers (ASSE), a past president of the Arizona Chapter, and recently completed a four-year term as Director of Area A within Region II of the Society.



Annette B. Haag, MA, RN, COHN-S/CM, FFAOHN

President, Annette B. Haag and Associates, past President of the American Association of Occupational Health Nurses. With over 40 years of experience, she is nationally and internationally recognized in the field of health and safety.



Jeff Hicks, CIH, QEP

Mr. Hicks is a Principal Scientist at Exponent. He conducts industrial hygiene and indoor air quality studies, and he has 35 years of professional experience. He has conducted many indoor air quality investigations and evaluations, including many illness cluster investigations. He is the past chair of the AIHA Indoor Environmental Quality Committee, and he has served as a technical peer reviewer for the U.S. Environmental Protection Agency



Mark Katchen, MBA, CIH

Managing Principal for The Phylmar Group, Inc. with expertise in industrial hygiene, toxicology, occupational health, risk communication and e-commerce. He is a Certified Industrial Hygienist and a State of California Registered Environmental Assessor. Mr. Katchen is on the faculty of UC Irvine and the University of Nevada, Las Vegas Center for Health Promotion.



Gary Kelley, MS, Occupational Health and Safety

Gary spent 22 years in the petroleum industry as a Safety Inspector, Manager of Loss Control Programs, and Company Trainer for Regulatory Compliance and Safety Management Systems. He has extensive experience in developing training and operating manuals, policies, procedures, incentive programs, and conducting motivational and participatory safety training.



Robert Phalen, PhD, CIH

Robert N. Phalen is a Certified Industrial Hygienist and holds a doctorate in environmental health sciences with specialization in industrial hygiene from UCLA. Dr. Phalen's background includes over ten years experience in the practice of industrial hygiene, occupational safety, ergonomics and environmental health. He is an Associate Professor of Industrial Hygiene at University of Houston-Clear Lake.



Jasmine Schliesmann-Merkle, CHMM

Jasmine is an environmental compliance and training specialist with over 20-years' experience supporting both public and private sector clients. She has served as a Program Manager for multiple EPA contracts focused on providing enforcement and compliance support for various regulatory programs such as RCRA, CERCLA and TSCA.



John W. Sterritt, MBA, MSIH, CSP, ARM

John currently serves as the Director of Environmental, Safety Health and Risk Management for the University of California Santa Barbara. In addition, he currently serves as an instructor for safety, environmental compliance and risk management courses at the University of California of Los Angeles, University of California San Diego and California State University Dominguez Hills. Prior to his current assignment, John served as the Director of the Los Angeles Unified School Districts' Office of Environmental Health and Safety.



Elizabeth Thomas, RN, PhD, ANP-BC, COHN-S, FAOHN

Dr. Thomas is an Assistant Professor in UCLA's Occupational and Environmental Health Nursing Program.



Jim Unmack, MS, CIH, CSP

Mr. Unmack has more than 40 years of experience in environmental health and safety with federal and state governments, private practice and industry. Jim has authored more than 20 publications, including the California Division of Occupational Safety and Health *Industrial Hygiene Technical Manual*. He is president of Unmack Corporation, a fellow of the American Industrial Hygiene Association and a diplomate of the American Academy of Environmental Engineering.



Alba Vazquez, MCS-P

Alba M. Vazquez is an OSHA Authorized Outreach Trainer in Construction and General Industry, Author, Medical Compliance Specialist and Professional Speaker. Some of the clients she has provided training for include: Hallmark, PG&E, Cedars Sinai Medical Center, Kaiser Permanente, IHOP, Dow Chemical, Goodwill, City of Los Angeles, and many others.

ONSITE TRAINING

Many of our courses are also available to be offered at your worksite.

Because we customize the course for your company or organization, the cost depends on a number of variables including selection of course material, number of trainees, number of sessions, and instructor travel.

Call us at (310) 206-2304 or email erc@ph.ucla.edu to discuss your needs and what we can do for you.

Earn Your NIOSH/ERC Workplace Safety and Health Professional Certificate

Enhance your career | Expand your horizons | Contribute to a safer workplace

Benefits of Certificate Candidacy

Professional certificate from a NIOSH (National Institute for Occupational Safety and Health) Education and Research Center in the UCLA School of Public Health



Guaranteed lowest registration fee for any class (as long as you register no less than 10 days prior to first day of class)



Eligible for available scholarship assistance



This comprehensive program provides certificate candidates with a thorough understanding of the challenges of workplace safety and health and the knowledge to be able to mitigate and/or overcome them. The curriculum includes core requirements and electives that allow participants to design the program best suited to their needs.

Though there are no educational requirements to enter the program, some classes require math and/or science knowledge and/or skills. Participants must also have professional level English language proficiency in reading comprehension, vocabulary, written expression and oral presentation.

Candidates must attend all sessions and pass written exams to receive credit towards the SCERC Workplace Safety and Health Professional Certificate.

Most courses completed through the SCERC/UCSD OSHA Training Institute Ed Center partnership are eligible to substitute for Core Required Courses or Electives in the SCERC Workplace Safety and Health Professional Certificate. Courses completed through other professional certificate programs will be considered for credit on a case-by-case basis.

Certificate Program Details Online:
erc.ucla.edu/certificate-program

Enrollment Fee

Fee to Enroll as a Candidate for any Workplace Safety and Health

Professional Certificate — \$150

(You will be eligible for the discounted Certificate Candidate fee for all required and elective classes.)

Mental Health In the Workplace Symposium



September 27, 2017

Location: UCLA

Time: 8:00 am-5:15 pm

According to a recent study, 22.5% of adults 18 or older have one or more mental disorders. The vast majority of that group, 20.3% of the population, are employed full time. That's 23,737,000 people!

It goes without saying, but we'll say it anyway – a person at work with a mental disorder can be a cause for concern.

Depression, anxiety and substance abuse all have the potential of resulting in interpersonal conflict, workplace violence, reduced productivity, lost work time and many other problems.

Topics Include:

I. The Scope of Behavioral Health Conditions in the Workplace and their Impact on the Employee and the Employer

- The Magnitude of the Problem
- Scope of Mental Health Conditions in the Work Place
- Managing Behavior Health Disability from An Occupational Medicine Perspective
- Panel Discussion on the Impact of Behavioral Health Conditions in the Workplace to Both the Employer, the Employee, and Employee Representatives

II. Increasing Productivity and Decreasing Absenteeism in Employees with Behavioral Health Conditions

III. Promoting a Successful Return to Work at the Earliest Time Compatible with Health and Safety for Employees on Disability with Behavioral Health Conditions

- Utilizing Psychotherapy and Psychopharmacology to Promote a Timely and Successful Return to Work
- Addressing Disability from a Medical Standpoint when Chronic Pain becomes the Chief Complaint
- Alcoholism, Addiction, and Medical Marijuana in the Workplace



Keynote Speaker

DAVID ADLER, M.D.
SENIOR PSYCHIATRIST
TUFTS UNIVERSITY SCHOOL
OF MEDICINE

Speakers include: Edward C. Alvino, MD, Chief Medical Officer, UNUM; Taha M. Ahmad MD, MPH, FACP, Chief of Service, Occupational Health Services Kaiser Permanente; Tess Elconin, UCLA Med Center, Chancellor's Office of Legal Affairs, UCLA; Michael Gitlin, MD, Professor of Clinical Psychiatry, School of Medicine, UCLA; Stuart Gitlow, M.D., M.P.H., Board Certified in Psychiatry, Forensic Psychiatry, and Addiction Medicine; Karen Miotto, MD, Professor of Clinical Psychiatry, UCLA

Registration Fee: Early Bird: \$279 (ends 8/25/17)

Standard Fee: \$379

For more details and to register for the event, please visit our website:

erc.ucla.edu/course/mentalhealth

Course Schedule July - December 2017

DATES	COURSE NAME	LOCATION	STANDARD FEE	EARLY BIRD FEE	EARLY BIRD ENDS
July 10 - 13	OSHA 3015 - Excavation and Trenching	UCLA	\$750	n/a	n/a
July 17 - 20	OSHA 2255 - Ergonomics	UCLA	\$750	n/a	n/a
July 24 - 26	Introduction to Industrial Hygiene	UC Irvine	\$699	\$499	6/23/17
July 31 - August 3	OSHA 2225 - Respiratory Protection	UCLA	\$750	n/a	n/a
August 1	Noise and Hearing Loss Prevention	UCLA	\$249	\$199	6/30/17
August 2 - 3	Sampling and Instrumentation	UCLA	\$479	\$299	6/30/17
August 7 - 8	Indoor Air Quality	UCLA	\$479	\$299	7/7/17
August 7 - 10	OSHA 2045 - Machine Guarding	Anaheim	\$750	n/a	n/a
August 9 - 10	Ventilation	UCLA	\$479	\$299	7/7/17
August 14-17	OSHA 2015 - Hazardous Materials	Anaheim	\$750	n/a	n/a
August 21 - 24	OSHA 511 - OSHA Standards for General Industry	Anaheim	\$750	n/a	n/a
August 29-31	Associate Safety Professional (ASP®) Exam Review	Anaheim	\$699	\$499	7/28/17
September 11 - 14	OSHA 501—General Industry Trainer	Anaheim	\$750	n/a	n/a
September 25 - 28	OSHA 510—OSHA Standards for Construction	Anaheim	\$750	n/a	n/a
September 26 - 28	Hazardous Materials Management Series <ul style="list-style-type: none"> • Certified Hazardous Materials Manager (CHMM) Exam Prep • Certified Hazardous Materials Practitioner (CHMP) Exam Prep • Fundamentals of Hazardous Materials Management 	Tempe, Arizona	3 days \$799 (all 3 days) 2 days \$499 (1st 2 days) 1 day \$399 (1st day)	\$699 \$399 \$299	8/25/17 8/25/17 8/25/17
September 27	Mental Health in the Workplace Symposium	UCLA	\$399	\$299	8/25/17
October 16 - 19	OSHA 500 - Construction Trainer	Anaheim	\$750	n/a	n/a

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Phone: 310/206-2304 E-Mail: erc@ph.ucla.edu Web site: <http://erc.ucla.edu/ced/>

The Southern California Education and Research Center partners with and is a host site for OSHA Training Institute at UC San Diego to bring you OSHA courses.

Course Schedule July - December 2017

DATES	COURSE NAME	LOCATION	STANDARD FEE	EARLY BIRD FEE	EARLY BIRD ENDS
October 23 & 26	Ethics for Health and Safety Professionals	Online	\$129	\$89	9/22/17
October 30	Front Desk Safety and Security	Anaheim	\$249	\$199	9/29/17
October 31	Safety Management - Beyond OSHA Compliance	Los Angeles	\$249	\$199	9/29/17
October 31 - morning	Workplace Violence Prevention	Anaheim	\$129	\$99	9/29/17
October 31 - afternoon	Emergency Action Program and Fire Safety Plans	Anaheim	\$129	\$99	9/29/17
November 1	Risk Management	Los Angeles	\$249	\$199	9/29/17
November 1 - morning	Ergonomics - Safe Lifting (for moving and delivery companies, warehouses, and handling and distribution centers)	Anaheim	\$129	\$99	9/29/17
November 1 - afternoon	Forklift Safety Awareness	Anaheim	\$129	\$99	9/29/17
November 2 - morning	Fleet and Vehicle Safety	Los Angeles	\$129	\$99	9/29/17
November 2 - afternoon	Workers Compensation for Safety Professionals	Los Angeles	\$129	\$99	9/29/17
November 2 - morning	Bloodborne Pathogens	Anaheim	\$129	\$99	9/29/17
November 2 - afternoon	Personal Protective Equipment (PPE)	Anaheim	\$129	\$99	9/29/17
November 6 - 9	OSHA 511 - OSHA Standards for General Industry	Anaheim	\$750	n/a	n/a
November 13-16	Certified Safety Professional (CSP®)	Anaheim	\$999	\$849	10/13/17
November 7 - 9	Occupational Health and Safety Principles and Nursing Certification Review	UCLA	\$799	\$699	10/6/17
December 4 - 7	OSHA 5119 - Cal/OSHA Standards for General Industry	Anaheim	\$750	n/a	n/a
December 11-14	OSHA 501—General Industry Trainer	Los Angeles	\$750	n/a	n/a

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Phone: 310/206-2304 E-Mail: erc@ph.ucla.edu Web site: <http://erc.ucla.edu/ced/>

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Associate Safety Professional (ASP®) Exam Review

Faculty: Jim Unmack,
PE, CSP, CIH

Early Bird: \$499
(7/28/17)

Standard Fee: \$699

Tues.– Thurs., Aug. 29-31st | 8 am—5:00 pm | Location: Anaheim

The purpose of this course is to prepare individuals to sit for the ASP® Exam by providing math and science reviews, reviewing topics that will be covered on the exam, and providing insight to each participant as to their strengths and where they may need more independent study prior to the exam.

Note: This is an overview course, not advanced safety engineering. A major aim of this course is to assist ASP® exam takers to identify areas in which they are proficient and those in which they need more intensive study. Plan to allow 4-6 weeks following the class for additional study before taking the exam.

To learn more about the course, please visit: <http://erc.ucla.edu/course/asp>

Bloodborne Pathogens

Faculty: Alba Vazquez,
MCS-P

Early Bird: \$99
(ends 9/29/17)

Standard Fee: \$129

Thurs., Nov. 2nd | 8 am—12:00 pm | Location: Anaheim

The bloodborne pathogens training program will provide participants with the essential knowledge necessary to help reduce or eliminate the occupational risk of exposure to bloodborne pathogens. The goal of the course is to help participants understand the risks and develop behaviors that will help protect them when they are exposed to blood or other potentially infectious materials. In addition, participants will walk away with a good understanding of what is required and a plan of action for developing or updating their own in house BBP Safety program.

***Required for Workplace Health and Safety Professional Certificate**

To learn more about the course, please visit: <http://erc.ucla.edu/course/bbp>

Certified Safety Professional (CSP®) Exam Review

Faculty: Jim Unmack,
PE, CSP, CIH

Early Bird: \$849
(10/13/17)

Standard Fee: \$999

Mon-Thurs., Nov. 13-16th | 8 am—5:00 pm | Location: Anaheim

The purpose of this course is to prepare individuals to sit for the CSP® Exam by providing math and science reviews, reviewing topics that will be covered on the exam, and providing insight to each participant as to their strengths and where they may need more independent study prior to the exam.

Note: This is an overview course, not advanced safety engineering. A major aim of this course is to assist CSP® exam takers to identify areas in which they are proficient and those in which they need more intensive study. Plan to allow 4-6 weeks following the class for additional study before taking the exam.

To learn more about the course, please visit: <http://erc.ucla.edu/course/csp>

Emergency Action Program and Fire Safety Plans

Faculty: Alba Vazquez,
MCS-P

Early Bird: \$99
(ends 9/29/17)
Standard Fee: \$129

Tues., Oct 31st | 1:00 pm—5:00 pm | Location: Anaheim

Emergencies, explosions, fire and natural disasters are all unexpected events; they can strike anyone, anytime, and anywhere. You and your co-workers could be forced to evacuate your company when you least expect it. This 4-hour workshop is designed to help employers and employees plan for that possibility. The best way to protect yourself, your workers, and your business is to expect the unexpected and develop a well-thought-out emergency action plan and fire prevention plan to guide you when immediate action is necessary.

***Elective for Workplace Health and Safety Professional Certificate**

To learn more about the course, please visit: <http://erc.ucla.edu/course/emerg>

Ergonomics: Safe Lifting

Faculty: Alba Vazquez,
MCS-P

Early Bird: \$99
(ends 9/29/17)
Standard Fee: \$129

Wed., Nov. 1st | 8 am—12:00 pm | Location: Anaheim

For moving companies, delivery companies, warehouses and handling and distribution centers. Participants will have the opportunity to learn the impact of musculoskeletal disorders on workers compensation costs in heavy industries.

Lifting at work is a very common task. Many workers from different industries and occupations are exposed to risk factors that cause musculoskeletal disorders (MSDs). These risk factors include heavy lifting, bending, reaching overhead, pushing and pulling, working in awkward body positions and performing tasks repetitively.

***Elective for Workplace Health and Safety Professional Certificate**

To learn more about the course, please visit: <http://erc.ucla.edu/course/ergolifting>

Fleet and Vehicle Safety

Faculty: Alba Vazquez,
MCS-P

Early Bird: \$299
(ends 11/3/17)
Standard Fee: \$479

Mon.-Tues., Dec. 4-5 | 8 am—5:00 pm | Location: Los Angeles

Motor vehicle crashes are the leading cause of work-related deaths in the U.S. Millions of workers, such as long-haul truck drivers, sales representatives, and home health care staff, drive or ride in a motor vehicle as part of their jobs. Trying to prevent these fatalities is one part of motor vehicle safety, but there are a number of risk factors that need to be addressed in order to reduce the total number of accidents.

***Elective for Workplace Health and Safety Professional Certificate**

To learn more about the course, please visit: erc.ucla.edu

Forklift Safety Awareness

Wed., Nov. 1 | 1:00 pm—5:00 pm | Location: Anaheim

Faculty: Alba Vazquez,
MCS-P

Early Bird: \$99
(ends 9/29/17)
Standard Fee: \$129

Employers count on powered industrial trucks (commonly called forklifts or lift trucks) to efficiently handle and move materials, but as much as we have gotten use to the versatility and efficiency of forklifts, these pieces of equipment can be extremely dangerous and even deadly. To avoid serious injury and death, employers must train employees and follow a set of procedures established by OSHA. The purpose of this course is to prevent employees from becoming a statistic. At the same time, we aim to help employers, managers and supervisors understand the do's and don'ts of forklift safety & how to avoid being cited by OSHA.

***Elective for Workplace Health and Safety Professional Certificate**

To learn more about the course, please visit: <http://erc.ucla.edu/course/forklift>

Front Desk Safety and Security

Mon., Oct. 30th | 8 am—3:00 pm | Location: Anaheim

Faculty: Alba Vazquez,
MCS-P

Early Bird: \$199
(ends 9/29/17)
Standard Fee: \$249

Being prepared and trained to handle emergencies, threats and the unexpected, is the job of well-trained Front Desk personnel. Yes, the unexpected can have devastating effects not just because the health and safety of everyone in your company may be affected, but property may be lost or damaged. Even costly lawsuits may ensue due. The Front Desk is the organization's first line of defense and must carefully prepare and strategize in order to appropriately respond to these unfortunate events.

***Elective for Workplace Health and Safety Professional Certificate**

To learn more about the course, please visit: <http://erc.ucla.edu/course/frontdesk>

Hazardous Materials Management Series

Tues.-Thurs., Sept. 26-28 | 8 am—5:00 pm | Location: Tempe, AZ

Faculty: Richard T.
Cartwright, PE, CHMM*,
CPIM
Jasmine Schliesmann-
Merkle. CHMM

Early Bird: Fundamentals- \$299;
CHMP—\$399; CHMM — \$699
(8/25/17)
Standard Fee: Fundamentals—
\$399; CHMP—\$499; CHMM —
\$799

Hazardous materials are found everywhere. A series of three exam prep courses are now available to prepare candidates for certification by IHMM. All three courses closely follow the approved IHMM examination blueprints. Internationally-recognized credentials promote career advancement and recognition of subject matter expertise in the field of hazardous materials management. IHMM and its credentials are accredited by Council of Engineering and Scientific Specialty Boards (CESB) and American National Standards Institute (ANSI).

Fundamentals—1 day

Certified Hazardous Materials Practitioner— 2 days

Certified Hazardous Materials Manger—3 days

***Day 1 is required, Days 2 & 3 are electives**

To learn more about the course, please visit: <http://erc.ucla.edu/course/hazseries>

Indoor Air Quality

Faculty: Jeff Hicks, CIH, QEP

Early Bird: \$299
(ends 7/7/17)
Standard Fee: \$479

Mon.-Tues., Aug. 7-8 | 8 am—5:00 pm | Location: UCLA

This course addresses indoor air quality in buildings, schools, residences and other non-industrial indoor environments. Common health complaints, such as sick building syndrome and building related illnesses, are examined. Instruction and a field trip on building ventilation systems, including ventilation system operations, codes and standards, and procedures to inspect and measure outdoor air supply is provided. Practical procedures to understand, investigate and resolve indoor air quality complaints are discussed. Leadership in Energy and Environmental Design (LEED) indoor air quality aspects are reviewed. Includes field trip to ventilation site.

***Requirement for Workplace Health and Safety Professional Certificate**

To learn more about the course, please visit: <http://erc.ucla.edu/course/iaq>

Introduction to Industrial Hygiene

Faculty: Richard M. Warner, CIH, CSP

Early Bird: \$499
(ends 6/23/17)
Standard Fee: \$699

Mon.-Wed., July 24-26 | 8 am—5:00 pm | Location: UC Irvine

Industrial hygiene is the science devoted to anticipating, recognizing, evaluating, and controlling environmental factors that arise from the workplace and pose risks to workers and the community.

The course is designed for those who are new to the ideas, principles, and field of Environmental Health and Safety (EH&S) as well as those who are a bit more experienced and are looking for a clearer understanding of the basic principles of IH and how to apply them in their workplace and surrounding environment.

***Core Requirement for Workplace Health and Safety Professional Certificate**

To learn more about the course, please visit: <http://erc.ucla.edu/course/intro-to-ih>

Noise and Hearing Loss Prevention

Faculty: Robert N. Phalen, PhD, CIH

Early Bird: \$199
(ends 6/30/17)
Standard Fee: \$249

Mon., Aug. 1st | 8 am—5:00 pm | Location: UCLA

Noise is one of the most pervasive yet underestimated hazards in the workplace. Noise does not kill, at least not directly, but failure to recognize and control it can lead to permanent hearing loss, increased injury rates, increased absenteeism and losses in productivity. This class gives health and safety professionals, HR professionals and plant supervisors the tools needed to understand the hazard, measure it and control it. The class includes a hands-on workshop using measurement equipment.

***Elective for Workplace Health and Safety Professional Certificate**

To learn more about the course, please visit: <http://erc.ucla.edu/course/noise-hearing>

Occupational Health and Safety Principles and Nursing Certification Review

Faculty: Annette B. Haag, MA, RN, COHN-S/CM, FAAOHN
Elizabeth Thomas, PhD, COHN-S, ANP-BC, CNL, FAAOHN

Early Bird: \$699
(ends 10/6/17)
Standard Fee: \$799

Tues.-Thurs., Nov. 7-9 | 8 am—5:30 pm | Location: UCLA

State-of-the-art information in the field of occupational and environmental health and safety; Comprehensive workbook/resource manuals and classroom materials; Test-taking techniques and strategies for examination preparation; Written tests prior, during, and at conclusion of seminar; Participative lectures.

Ends Thursday at 2 pm—Working lunch (provided) on Thursday

To learn more about the course, please visit: <http://erc.ucla.edu/course/ohn>

Personal Protective Equipment (PPE)

Faculty: Alba Vazquez, MCS-P

Early Bird: \$99
(ends 9/29/17)
Standard Fee: \$129

Thurs., Nov. 2nd | 1:00 pm—5:00 pm | Location: Anaheim

This course addresses the general industry requirements of both California and Federal OSHA with an emphasis on head, face, eye, body, hand, foot, and respiratory protection. Workplaces present a variety of exposures that can cause illness and injury. Knowing what personal protective equipment (PPE) is right for the situation, how to use it, and if the employer is responsible for supplying it can be the difference between a healthy worker and a Workers Compensation claim.

***Required for Workplace Health and Safety Professional Certificate**

To learn more about the course, please visit: <http://erc.ucla.edu/course/pppe>

Risk Management

Faculty: Harold Gribow, MS, CSP, ARM, ALCM

Early Bird: \$199
(ends 9/29/17)
Standard Fee: \$249

Wed., Nov 1st | 8 am—5:00 pm | Location: Los Angeles

Many safety professionals don't understand that the concept of Risk Management includes more than employee safety, although safety is an important part of a total risk management program. This course will cover some of the more important risk management practices that control many of the exposures to loss that a business may face.

***Elective for Workplace Health and Safety Professional Certificate**

Sampling and Instrumentation

Wed.– Thurs., Aug 2-3 | 8 am—5:00 pm | Location: UCLA

Faculty: Robert N. Phalen, PhD, CIH

This workshop will teach participants to effectively develop the tools and skills necessary to survey and evaluate workplace environments for exposures to particles, gases and vapors, noise, and heat stress. Hands-on demonstrations and exercises will ensure participants can apply the principles covered in this course.

Early Bird: \$299
(ends 6/30/17)
Standard Fee: \$479

***Core Requirement for Workplace Health and Safety Professional Certificate**

To learn more about the course, please visit: <http://erc.ucla.edu/course/si-htm>

Safety Management-Beyond OSHA Compliance

Tues., Oct. 31st | 8 am—5:00 pm | Location: Los Angeles

Faculty: Harold Gribow, MS, CSP, ARM, ALCM

Although compliance with OSHA Regulations is a requirement and a best business practice, there is more to a safety program than just compliance. This course will explore how to advance a safety and health program including management techniques that show leadership for safety and health programs and how to motivate employees to become involved in the safety and health efforts.

Early Bird: \$199
(ends 9/29/17)
Standard Fee: \$249

***Elective for Workplace Health and Safety Professional Certificate**

To learn more about the course, please visit: <http://erc.ucla.edu/course/ventilation-ucla>

Ventilation

Wed.-Thurs., Aug. 9-10 | 8 am—5:00 pm | Location: UCLA

Faculty: Robert N. Phalen, PhD, CIH

Industrial ventilation is towards the top of the hierarchy of industrial hygiene and safety controls for airborne contaminants. This course serves to provide a basic overview of industrial ventilation with the goal of providing participants with the tools and understanding necessary to assist in the evaluation, design, installation, operation and maintenance of industrial ventilation systems.

Early Bird: \$299
(ends 7/7/17)
Standard Fee: \$479

***Elective for Workplace Health and Safety Professional Certificate**

To learn more about the course, please visit: <http://erc.ucla.edu/course/ventilation-ucla>

Workers Compensation for Safety Professionals

Thurs., Nov. 2nd | 1:00 pm—5:00 pm | Location: Los Angeles

Faculty: Harold Gribow, MS, CSP, ARM, ALCM

All employers are required by law to cover their workers for damages that result from work-related injuries or illnesses or to compensate surviving spouses or minor children when a worker is killed at work. This course will cover the fundamentals of the coverage requirements, options for obtaining the coverage, how premiums are calculated and how claims affect the cost and availability of continued coverage.

Early Bird: \$99
(ends 9/29/17)
Standard Fee: \$129

*Elective for Workplace Health and Safety Professional Certificate

To learn more about the course, please visit: <http://erc.ucla.edu/course/workerscomp>

Workplace Violence Prevention

Tues, Oct. 31st | 8 am—12:00 pm | Location: Anaheim

Faculty: Alba Vazquez, MCS-P

Workplace violence has become a serious occupational health problem requiring the continued prevention efforts of employers and employees. This training focuses on providing the tools and resources to establish a clear and legal Workplace Violence Prevention Program. The training will specifically help employers and employees recognize the potential violent behavior and the social, political, language and cultural barriers serving as roadblocks to the timely recognition of warning signs.

Early Bird: \$99
(ends 9/29/17)
Standard Fee: \$129

*Required for Workplace Health and Safety Professional Certificate

To learn more about the course, please visit: <http://erc.ucla.edu/course/iaq>

Most courses are approved for BCSP COC points and CE points, and are eligible for:

- ABIH (American Board of Industrial Hygiene) IH or Safety CM credits (see ABIH web site for CM credit criteria).
- Where appropriate, Contact Hours from the Board of Registered Nurses (BRN) and for REHS (Registered Environmental Health Specialists) are available.
- The Southern California Education and Research Center is an Accrediting Agency for REHS continuing education, approved by the California Department of Public Health.
- The SCERC is also approved by the California Board of Registered Nursing, Provider #13555.
- CME -- The Southern California Education and Research Center is accredited by the Institute for Medical Quality/California Medical Association (IMQ/CMA) to provide continuing medical education for physicians. A limited number of courses are eligible for CME. See individual course pages for course credits.

Participants must attend at least 90% of the time to receive credit. In some cases, they must also pass an exam at the end of the course.

Please check the website for individual course accreditations.



**NIOSH-Approved
Pulmonary Function
Training**

Full—2 days

Refresher—1 day

Full Participant: \$625

**Refresher Participant:
\$450**

**Mon.-Tues., Oct. 23-24 | 8 am—5:30 pm | Location: UCLA
Refresher: Oct. 25**

Participants in this course learn spirometry techniques that are approved by NIOSH and the American Thoracic Society. They become familiar with applicable OSHA standards, ATS recommendations and NIOSH guidelines. Basic pulmonary anatomy and physiology, FVC, FEV1 and FEV1/FVC calculations are taught. Various types of spirometers are represented and the advantages and disadvantages of each are addressed. This course consists of lecture and supervised practicum. Instructor-student ratios ensure many opportunities for individualized instruction.

GOALS

Accurately perform manual audiometric testing. Identify an invalid test and calculate standard threshold shifts. Identify various types of audiometers and know the advantages and disadvantages of each. Identify applicable OSHA standards, laws and regulations. Be CAOHC approved and certified.

To register for the course, please visit:

<http://www.occupational.com/index.php?id=17>

**Occupational Hearing
Conservation Training**

Full—2 days

Refresher—1 day

CAOHC Approved

Full Participant: \$695
(includes all CAOHC
application fees and course
materials)

Refresher Participant: \$455
(includes all CAOHC
application fees and course

**Mon.-Tues., Oct. 25-27 | 8 am—5:30 pm | Location: UCLA
Refresher: Oct. 26**

Participants in this course become familiar with all aspects of occupational hearing conservation programs, including noise measurement and control, anatomy and physiology of the auditory system, hearing protection and employee education. OSHA standards, worker's compensation and other state and federal regulations are discussed. Students participate in hands-on manual hearing testing under the supervision of experienced practicum instructors. They learn to identify standard threshold shifts and audiograms that may require follow-up. Different types and brands of equipment are represented to familiarize the participant with the various equipment options available. After successful completion of the course, the participant is eligible to apply for CAOHC certification or recertification.

GOALS

Accurately perform manual audiometric testing. Identify an invalid test and calculate standard threshold shifts. Identify various types of audiometers and know the advantages and disadvantages of each. Identify applicable OSHA standards, laws and regulations. Be CAOHC approved and certified.

To register for the course, please visit:

<http://www.occupational.com/index.php?id=17>

**Ergo Online —
Monthly Ergonomics
Webinar Series**

Second Tuesday Every Month | 11am—12:00pm PT

Faculty: George Brogmus, MS,
CPE, MIEHF

* Some sessions may be
presented by a guest speaker.

The successful application of ergonomic principles lies in understanding the broad scope of ergonomics: specifically the importance of recognizing physical, cognitive, psychosocial, and organizational elements of work and the capabilities and limitations of workers.

Participants will be reinforced on some of their assumptions and boldly challenged on some strongly held beliefs on how to prevent injuries. The end result will be confidence in applying ergonomics in a much more effective manner.

All classes are approximately one hour— within the convenience of your home or office.

Half Series (6 sessions):
\$319

Individual Sessions:
\$59

To learn more about the course, please visit: <http://erc.ucla.edu/course/eol2017>

*Elective for Workplace Health and Safety Professional Certificate

Date	#	Topic
Jan. 10	1	Controlling Falls and Falls Severity at Home and Work for People 65 and Older
Feb. 14	2	Best Ergonomic Research in 2016
Mar. 14	3	Background and Use of the ACGIH’s Upper Limb Localized Fatigue TLV
April 11	4	Exoskeletons
May 9	5	“Ergonomic” Computer Keyboards
June 13	6	How Can Healthcare Providers and Ergonomists Work Together to Reduce Back Pain?
July 11	7	A Review of the Best Ergonomic Task Analysis Tools for Upper Extremity and Back Injury Risk
Aug. 8	8	Choosing an “Ergonomic” Chair
Sept. 12	9	Safety Culture and Ergonomics – the Cascading Effect of Leadership
Oct. 10	10	Wearable Ergonomic Technology
Nov. 14	11	The Paradox of Occupational and Leisure-time Physical Activity and the Implications for Exercise at Work
Dec. 12	12	What’s New in Back Pain Prevention and Treatment?

Ethics for Health and Safety Professionals Webinar

Faculty: Mark Katchen, MBA, CIH
Elizabeth Thomas, PhD, RN

Early Bird (ends 9/22/17): \$89
Standard Fee: \$129

Mon. Oct., 23 & Thurs. Oct., 26 | 10am—12:00pm PST

Through lecture and interactive discussion of case studies, we will examine the fundamental causes of our actions and examine the Code of Ethics for both health and safety professionals.

At the end of this course, students will be able to: Identify a conflict of interest; understand the difference between what is ethical, moral, and legal; set out the facts in a case/investigation; identify and select among alternative actions; reflect back. Special Emphasis on Industrial Hygiene, Safety and Health Care (including HIPAA).

How It Works:

Attend from the convenience of your own desk or laptop. Prior to each session, you will receive a website link where you will log in to the session. For sound, you may use a headset or your computer's speakers.

Session 2 is interactive—you will participate in a work group. It is very important for Thursday's session to have a headset for 2-way communication.

To learn more about the course, please visit: <http://erc.ucla.edu/course/ethics>

***Core Requirement for Workplace Health and Safety Professional**

**Cal/OSHA Standards
 for General Industry
 (OSHA 5119)**

Registration Fee— \$750

Mon.-Thurs., Dec. 4-7 | 8 am—4:30 pm | Location: Anaheim

Developed in partnership with Cal/OSHA, this 4-day course emphasizes Title 8 General Industry standards and compliance. Topics include IIPP, Ergo, Electrical and many others. The course also provides existing Fed OSHA trainers an endorsement authorizing them to teach 10 & 30 hr Cal/OSHA outreach courses. Resources and Cal/OSHA training guidelines will be covered.

[Accepted alternative towards Core Requirement for Workplace Health & Safety Professional Certificate](#)

**Excavation, Trenching,
 and Soil Mechanics
 (OSHA 3015)**

Registration Fee— \$675

Mon.-Wed., July. 10-12 | 8 am—4:30 pm | Location: UCLA

Construction trenching accidents claim the lives of 40 workers per year. Save lives by learning the OSHA standards and the safety aspects of excavation and trenching. Discover practical soil mechanics and its relationship to the stability of shored and unshored slopes and walls of excavations. Topics Include: Principles and Applications, Sloping, Benching, and Shoring.

Note: Requires appropriate clothing for field exercise.

[Accepted alternative towards Core Requirement for Workplace Health & Safety Professional Certificate](#)

**Hazardous Materials
 (OSHA 2015)**

Registration Fee— \$750

Mon.-Thurs., Aug. 14-17 | 8 am—4:30 pm | Location: Anaheim

Learn how to apply OSHA general industry standards and integrate materials from other safety standards that relate to hazardous materials. Related processes such as spraying and dipping are covered, as well as electrical equipment. Topics include: Flammable Liquids, Hazardous Waste Operations, Confined Space, Compressed Gases, Hazardous Locations.

[Accepted alternative and Elective towards Core Requirement for Workplace Health & Safety Professional Certificate](#)

**Machinery and
 Machine Guarding
 (OSHA 2045)**

Registration Fee— \$750

Mon.-Wed., Aug. 7-10 | 8 am—4:30 pm | Location: UCLA

This course covers the various types of common machinery, machine safe guards, and related OSHA regulations and procedures. Guidance is provided on the hazards associated with various types of machinery and the determination of proper machine safe guards. Course topics include machinery processes, mechanical motions, points of operation, control of hazardous energy sources (lockout/tagout), guarding of portable powered tools, and common OSHA machine guarding violations.

Note: Requires appropriate clothing for field exercise.

[Accepted alternative towards Core Requirement for Workplace Health & Safety Professional Certificate](#)

**OSHA Standards for
Construction Industry
(OSHA 510)**

Registration Fee— \$750

Mon.-Thurs., Sept. 25-28 | 8 am—4:30 pm | Location: Anaheim

According to the Bureau of Labor Statistics, construction was the leading industry for injuries. Learn the 29 CFR 1926 standards, as well as construction safety and health principles to help prevent injury. Special emphasis is placed on those areas that are the most hazardous, using OSHA standards as a guide. Topics Include: OSH Act, Safety Programs, Fall Protection, Personal Protective Equipment, Stairs and Ladders.

[Accepted alternative towards Core Requirement for Workplace Health & Safety Professional Certificate](#)**OSHA Standards for
General Industry
(OSHA 511)**

Registration Fee— \$750

**Mon.-Thurs., Aug. 21-24 | 8 am—4:30 pm | Location: Anaheim
Mon.-Thurs., Nov. 6-9 | 8 am—4:30 pm | Location: Los Angeles**

For students wanting to learn the 29 CFR 1910 standards, this course is a must. Learn crucial OSHA policies, procedures, and standards, as well as general industry safety and health principles as they relate to real world situations. Special emphasis is placed on those areas that are the most hazardous, using OSHA standards as a guide. Topics Include: OSH Act, Safety and Health Management Systems, Personal Protective Equipment, Hazard Communication, and Electrical.

[Accepted alternative towards Core Requirement for Workplace Health & Safety Professional Certificate](#)**Principles of
Ergonomics
(OSHA 2255)**

Registration Fee— \$750

Mon.-Thurs., July. 17-20 | 8 am—4:30 pm | Location: UCLA

Get the information you need to combat musculoskeletal injuries. Course highlights include industrial case studies covering analysis and design of work stations and equipment, laboratory sessions in manual lifting and coverage of OSHA's proposed ergonomic protection standard. Topics Include: Repetitive Injuries, Musculoskeletal Disorders, Video Displays, Workstation and Tool Design, and Seating.

Note: Requires: Appropriate clothing for field exercise.[Accepted alternative towards Core Requirement for Workplace Health & Safety Professional Certificate](#)**Respiratory Protection
(OSHA 2225)**

Registration Fee— \$750

Mon.-Thurs., July. 31-Aug 3 | 8 am—4:30 pm | Location: UCLA

Learn how to establish, maintain, and monitor a respirator program following the requirements in 29 CFR 1910.134. Discuss the technical aspects for the proper selection and use of respiratory protection. Evaluate compliance with OSHA's standard by using the compliance directive and the "Small Entity Compliance Guide." Topics include: Respiratory Protection Program, Fit Testing Demonstration, Selection of Respirators, Maintenance and Care.

Note: It is highly recommended to complete the OSHA 521 course prior to this course.[Accepted alternative towards Core Requirement for Workplace Health & Safety Professional Certificate](#)

**Trainer Course in
Occupational Safety
and Health Standards
for General Industry
(OSHA 501)**

Registration Fee— \$750

Mon.-Thurs., Sept. 11-14 | 8 am—4:30 pm | Location: Anaheim
Mon.-Thurs., Dec. 11-14 | 8 am—4:30 pm | Location: Los Angeles

The focus of this Trainer course is to prepare students to teach the 10 and 30 Hour Outreach classes. Course time is spent learning and practicing adult training techniques. Students will participate in the development and delivery of lectures during class. Thorough knowledge of OSHA General Industry Standards (CFR 1910) is required. Upon successful course completion, students become authorized OSHA Trainers in the 10 and 30 Hour Outreach Programs. Note: IMPORTANT - ONLINE ENROLLMENT IS NOT PERMITTED. A Verification of Prerequisite Form must be sent in. Please see website for prerequisites.

[Accepted alternative towards Core Requirement for Workplace Health & Safety Professional Certificate](#)

**Trainer Course in
Occupational Safety
and Health Standards
for the Construction
Industry
(OSHA 500)**

Registration Fee— \$750

Mon.-Thurs., Oct. 16-19 | 8 am—4:30 pm | Location: Anaheim

The focus of this TRAINER course is to prepare students to teach the 10 and 30 Hour Outreach classes. Course time is spent learning and practicing adult training techniques. Students will participate in the development and delivery of lectures during class. Thorough knowledge of OSHA Construction Standards (CFR 1926) is required. Following successful completion of the written exam, students become authorized OSHA Trainers in the 10 and 30 Hour Outreach Programs. Laptop recommended.

[Accepted elective towards Core Requirement for Workplace Health & Safety Professional Certificate](#)

Additional In Person Courses Offered

Contact us at erc@ph.ucla.edu or (310) 206-2304 to find out when these courses will be offered. These courses are usually offered between January and June each year, but may also be scheduled at other time.

Chemical Hazards / Hazard Communication

This course is based on the 2012 GHS system, adopted by OSHA and Cal/OSHA, that replaces MSDS. The course also covers other aspects of Hazard Communication including definitions and Cal/OSHA standards promulgated under the Federal OSHA standard.

The course also covers other aspects of Hazard Communication including definitions and Cal/OSHA standards promulgated under the Federal OSHA standard.

Comprehensive Industrial Hygiene (CIH) Exam Review

A major aim of this course is to assist CIH exam takers to identify areas in which they are proficient and those in which they need more intensive study.

This intensive week-long course will provide a comprehensive review of the field of industrial hygiene and help prepare industrial hygienists to take the American Board of Industrial Hygiene (ABIH) Comprehensive Practice Examinations and the Certified Associate Industrial Hygienist (CAIH) exam.

Confined Space Awareness for Managers

Lives continue to be lost each year in the workplace with improper entries and ill-fated rescue attempts in confined spaces. This Confined Space Awareness for Managers Workshop uses activities, scenarios, role play, and California Code of Regulations (CCR), Title 8, Section 5157 to keep the participants involved to enhance their knowledge of what is required of the employer.

Fundamentals of Workplace Safety

Participants will learn how to understand and interpret OSHA required safety programs but also will learn important safety fundamentals as well as advanced and necessary safety skills and techniques.

Heat Illness Prevention

This 4-hour Heat Illness Prevention Workshop covers the requirements of Section 3395 with the goal of arming the participants with the skills to recognize risk factors and symptoms associated with heat illness. Although the focus of Section 3395 is for those who work outdoors, the workshop will address the hazards of indoor heat.

Incident Investigation and Reporting – Levels 1 and 2

This interactive workshop includes workplace scenarios and role playing. It prepares the participant for reporting, investigating, and correcting the conditions that lead to workplace accidents and near-misses (incidents).

Injury & Illness Prevention Programs (IIPP)

This IIPP Workshop that will have participants exploring various ways to comply and encourage them to look at their workplace IIPP for compliance, applicability, and effectiveness. This course will take you through each component and assist you in developing or improving your IIPP and tailoring it to your organization's needs.

Orientation to Sustainable Environmental Assessment

For Agency or consultant staff with environmental assessment responsibilities, local government staff working on Federal programs; development professionals, members of the public wanting to comment and influence Federally-funded projects. This course limits class size and uses interactive exercises to facilitate individual instruction. It also features many expert guest speakers and a field trip.

Train-the-Trainer for Workplace Safety... and Everything Else

The aim of this course is to prepare you to communicate health and safety or any other kind of training to your target audience, however large or small. Significant class time is devoted to practice, role playing, and feedback including videotaping and replay.

ONSITE TRAINING

Many of our courses are also available to be offered at your worksite.

Because we customize the course for your company or organization, the cost depends on a number of variables including selection of course material, number of trainees, number of sessions, and instructor travel.

Call us at (310) 206-2304 or email erc@ph.ucla.edu to discuss your needs and what we can do for you.

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